



Screen Time Policy

Statement / Aim

Screen-time can include things like watching television, DVDs and playing computer games on PCs, iPads etc.

Procedure

- Recommended use of TV and DVDs is for educational purposes only and this will be limited to less than one hour per day.
- Television and/or DVDs may be viewed by the children on special occasions once or twice per year (eg. Pyjama day) or with approval from the Director/Nominated Supervisor prior to this taking place.
- Video clips can be played using computers for educational purposes only if they have relation to the current topic and the children gaining a better understanding of concepts by watching such clips.
- Teachers may use the internet with the children to search for or research information that the children want to know about a particular topic
- Children will not play on a computer or iPad for longer than 15 minutes at a time
- Timers and alarms will be used to monitor the amount of time spent playing computer games
- A maximum of 2 children to be using a computer/iPad at any one time
- Only educational games (eg. literacy, numeracy, science) will be available for the children to play
- Educators/Staff are not permitted to use their mobile phones for personal use while on the floor or in front of children or families

Considerations / Resources

- Education and Care Services National Regulations 2011
- National Quality Framework 2011
- Get up & grow: Healthy eating and physical activities for early childhood

Reviewed: October 2018

Date for next review: October 2019